

PATIENT INFORMATION

Collection of daily amount of urine

Background

To measure the exudation of certain substances in the urine it is necessary to collect all of the urine created during one day (24 hour period).

Preparations

The sample bottle can be collected at the nearest testing centre, lab or care centre. If you know that you pass more than 2 litres of urine per day, ask for two sample bottles. Use a washed and thoroughly rinsed receptacle to pee into, as traces of cleaning products can interfere with later analysis results. Empty the receptacle into the sample bottle straight away after each urination. Only rinse the receptacle with water.

Urine collection is to take place for 24 hours exactly.

Pee into the toilet as usual on the morning of the first day. This urine is not to be collected in the sample bottle.

Make a note of the time:.....

All urine passed after this time until the same time the next day is to be collected in the sample bottle.

Make a note of the time:.....

Keep the sample bottle in a dark, cool place, but not freezing cold.

Check that the name and personal identification number on the sample bottle and on any letter of referral is correct.

Have you been able to collect all urine during 24 hours?

Yes

No Specify in what way.....

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