

Clinical Chemistry
Country Hospital Ryhov, level 4
551 85 Jönköping

Semen Sample Collection Information

You're welcome to book an appointment for delivery of your sample on phone number **010-242 23 69, Monday-Thursday, 7.30 a.m. - 11.30 a.m. and Friday, 7.30 a.m. - 3.30 p.m.**

Before booking an appointment, it's good to decide where you're going to produce the sample; at the sample collection centre or elsewhere.

Sample Collection

Prior to sample collection, you should not ejaculate for two to four days. The sample should be produced through masturbation. The sample should be collected in a special sample collection room at the sample collection centre. Ejaculate directly into a special plastic jar, labelled with your name and personal identity number. It's important that all of the semen is collected. If sample collection takes place anywhere other than at the sample collection centre, it's important that the sample gets to the laboratory as soon as possible after collection; **within an hour at the latest**. Store the sample close to your body during transport so that it doesn't cool down. If the sample is produced through coitus interruptus, the risk of parts of the sample being lost and the sample being contaminated by vaginal secretion increases. Condoms should not be used. Ejaculate directly into a special plastic jar, labelled with your name and personal identity number.

It's important that all of the semen is collected.

Sample Delivery

The sample is handed in alongside a filled out referral to "Sample Collection 2" by lift M, Ljungstigen; see directions. Ring the bell by the sign. It may be a few minutes before we come and open the door, so please wait. If you have any questions regarding sample collection and transport, please contact the laboratory on phone number 010-242 23 69.

Refrain from using perfume and other strong smells in connection with your visit.

