Welcome to our May Newsletter:

Following on from our last newsletter we have completed the ESTHER Roadshows. We want to thank everyone that attended and we hope you found them useful. We encourage you to spread the ESTHER message within your organisation, teams and with colleagues from other organisations to ensure we all do what is best for ESTHER.

We are very excited to carry on spreading the ESTHER message through coach training and ESTHER cafés.

ESTHERs

We are very keen to hear more ESTHER stories. If you know an ESTHER that would like to share their story with us to improve the care they will receive in the future, please ask them to get in touch with us via designandlearningcentre@kent.gov.uk

Coach training:

Over the last 5 months a cohort of 20 people from different care organisations in the Thanet area went through the ESTHER coach training. During the training they gained a deeper knowledge about improvement work as well as practically using improvement tools in making improvements at their daily work place. Those improvements have been either within their own team or a boundary crossing one, cooperating with other participants of the training. At the exam on May 18th the 20 coaches presented improved ways of working, this included ensuring ESTHERs wellbeing by having a plan for hair care for a bedbound lady to offering ESTHER a single point of access to social services. It has been a true pleasure to follow the coaches on their journey and to see how they now are making a big difference to the ESTHERs they serve.

We want to take this opportunity to congratulate our coaches on their achievement!

What is ESTHER to me?

“ESTHER is “one” and not one size fits all”

Jacqui Cole, ESTHER Coach, Kent County Council

“ESTHER is quality care that starts with the question “what changes do you want?””

Sarah Mitchell, ESTHER Coach, Kent Community Health Foundation Trust

Would you like to do what is best for ESTHER, for further information or to apply for our next training cohort to become an ESTHER Coach please contact us at DesignandLearningCentre@Kent.gov.uk