The Esther Network is made up of individuals, both private and professionals, who work to promote and improve the complex care in Höglandet, Sweden. Esther is a symbolic person, with complex care needs who requires the coordination between hospital, primary care, home care, and community care. Esther is at the center of all our daily work.

Esther and Suzanne in Holland

In May we had the great pleasure to visit Gouda in southern Holland where we were introduced to Esther’s newest cousin Suzanne and the improvement network being built around her. Zorgbelang Zuid-Holland hosted a workshop which Nicoline Vackerberg, Anna Carlbom and Kajsa Radonich participated in to share joy, experiences and inspiration from 17 years with Esther.

We had a lovely long week-end meeting lots of engaged and enthusiastic co-workers in the health and social care systems. We also had the great privilege to visit Humanitas’ newest housing with all levels of care and service within the same building. What impressed us the most was the vast idea of seeing to Suzanne’s entire day to day life, and the value of staying involved in the everyday happenings like grocery-shopping and cooking.

We’re hoping to see more of Suzanne in the future and hope for an ongoing exchange of experience.

Esther at National conference: Utvecklingskraft 14–15 May 2014

This year’s seminar was also the examination of 25 new Esther improvement coaches at Höglandet. We are very happy and proud that the network is still growing and that there is so much power for change going on around the whole system.

We’re also very grateful that our very own Esther (88 year old Greta Krieg) was able to participate and give the new coaches some words of advice on their journey.
All the best to our new coaches!!

Bertil’s new career.

In The Esther network we have several seniors and patients who are improving health- and social care together with us. Bertil is a member of the Esther board and especially for our English friends and patients we made this movie. The movie is shown, in Swedish, in primary health- and senior centers to support medication awareness. The aim is to inspire patients by taking an active role and ask their doctors. Do I really need all this?

http://www.youtube.com/watch?v=BtN_fCYGdE&feature=youtube

About Esther international newsletter

From now on we’re hoping to keep you all up to date on what is happening in Esther’s corner of the world, and we hope that the Esther international newsletter can help us keep connected and also build a strong network to exchange experiences between nations. As we say in Sweden “steal with pride” – why invent the wheel all over when it’s already been done?!

We also hope that our friends and relatives around the world will help us fill the newsletter and keep us on track on the improvement work being done in your networks.

The newsletter will be issued 2–3 times a year and we’re more than happy to take advice and thoughts on the contents and form.

Please contact Esthercoach kajsa.radonich@lj.se

We wish you all
a nice and happy summer
/The Esther Network

http://plus.lj.se/esther