Everyone can tie a boe, right...

"You can’t think or talk into a new behavior - you have to **act into a new mindset**"
**Competence**

Skills

"Learning by doing"

Knowledge

Experiences

Contacts

Values

**Todays´ offer**

- Background, and what is Esther SimLab?
- Whats go´in on? - PDSA tests
- Next steps
Background, this is Esther SimLab

- A new law for care planning from January 2018, focus on cooperation between caregivers and Esther
- A new process with new working routines
- Experiences from pilots and workshops during autumn 2017 about challenges

Study visit in Denmark

Training of non-technical skills
- Person centered approach
- Communication
- Co work in care planning
- Seemless care
- Build trust
- Together with Esther
Let’s do some training in coproduction!

A new learning model with simulation together with patients from the Living Library

**Pedagogy**
- Level adapted
- Cowork
- Team
- Practical learning
- A challenging and allowing environment
- **Esther is a part**
- Feedback
- Shared responsibility

**Have fun**
- A safe place
- Participate on the same terms
- Learning goals
- Trust
What are we testing?

Staff from hospital, home care and health center come together with Esther (max 8 persons)

- Preparations (a safe place)
- Esthers story
- Simulated practice
- Different ways of reflection
  2. What were My good actions? What did I do really well? What can I do different next time?
  3. What good learnings will I take with me from this scenario? (“Take home”-learnings)

Observers – what did we see and hear

Evaluation, some voices

- Simulation is a good pedagogy for practical training of care planning
- Its gives a high value to to the training with Esther in the room
- Learning by doing, I love it!
- Simulation works in the context of patient safety
- To be an observer maybe gives the most learning
Next steps

- Follow result concerning Esthers´ trust in her careplanning.
- Follow learning goals.
- Network with instructors
- Package on the website
- Communication
- Use practice based learning in new different contexts

Time for reflection

- What, from this you have heard about simulation together with Esther, is useful for you and your work?

(In pairs)
patrik.blomqvist@rjl.se
maria.e.johansson@rjl.se
marcuslidin@rjl.se