eHealth in Sweden Today

Microsystem Festival
2016-03-02

1177 Vårdguiden
Challenges

More resources in health care is not the solution!
eHealth in Sweden Today

2016-03-04

1. Neighborhood / Community
   - Society
   - Self-care and support for a healthier life
   - Primary Care
   - Specialized Care

2. Individual / Family
   - Clinical Prevention
   - Research Technology
   - Community Health Initiatives
   - Environmental Stewardship
   - Public Information

3. Home / School / Worksite
   - Walking Promotion
   - Access to Social and Economical Supports
   - Worksite: Workforce Wellness

4. Neighborhood / Community
   - Kaiser Permanente "Total Health"

5. Society
   - Public Information
   - Research Technology
   - Community Health Initiatives
   - Environmental Stewardship
   - Clinical Prevention

eHealth in Sweden Today

2016-03-04
The Future of Healthcare: Virtual Physician Visits & Bedless Hospitals

Start delivering healthcare "farther and farther" from the hospital setting and "even out of doctor's offices."

"get people to take more responsibility for their [own] health."

George Halvorson, MD
CEO, Kaiser Permanente

Health Care Portals
Personal E-services
Health Advice by Phone
1177 - Health Advice by Phone

1177 is a national service. If you need health advice you can call 1177 around the clock, year round, wherever you are in Sweden.

- 500 000 people call 1177 per month
- 35% are given advice on self-care
- The other 65% are directed to the right care
- More than 90% are satisfied and follow the advice

1177.se – National Health Care Portal

- Thousands of articles about health care, symptoms, diseases, tests, treatments and drugs
- Themes, movies and personal stories
- 10 000 anonymous questions answered by doctors
- 7 million visits per month
1177.se – Contact and Compare

- Contact information to all 7000 clinics in Sweden
- Possibility to compare health clinics – availability, waiting times and patient satisfaction
- Compare prices and warranties between dental clinics
- Find and compare medical technical devices

UMO.se – Youth Clinic Online

- For young people 13-25
- Articles about sex, health and relationships
- Work with equality of gender, sexual orientation, ethnicity and disabilities
- 10 000 anonymous questions answered by youth clinic professionals
- 650 000 visits per month
National Personal E-services

A national platform for all e-services and medical records.

- Personal questions and answers
- Book an appointment for visit
- Renewing prescriptions
- Ordering home-tests
- List of your drugs
- Reading test results
- Making services for your children
- and much more…

Medical Records Online

- Nine regions have records online for all its citizens. All regions in Sweden will follow in 2016
- Care records from clinics and information about immunizations, prenatal care, child care and health care contacts
- Patients can share their medical record
- Parents can read their children’s medical record
Health Support and Treatment Online

Treatment (CBT):
• Depression
• Anxiety
• Phobias
• Insomnia

Health support:
• Changing lifestyle
• Rehabilitation
• Drug treatment

Patient Self Test Management is a national e-service which allows the patient to order their tests, get test results and potential drug adjustments.
• Chlamydia home tests
• Prostate drug control
• Haematology
• Gastroenterology
• Rheumatology
In your role as a citizen what e-services would you like to get a chance to use?

Which e-services do you offer citizens today?

Thank you!

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