Reflection in action: A fishbowl dialogue on the reflection of practical work and the practice of reflection in health care

We don’t have time for improving care!
“I seek a method by which teachers teach less and learners learn more.”

Johann Comenicus, writer of the first illustrated textbook (1630)
I wonder

- What is meant by reflection?
- What are the links between reflection, learning and clinical and improvement work?
- Should members of the clinical microsystems, as individuals or a group, reflect on their work? If yes, how?
- What could be the benefits of reflection for a clinical microsystem? How can such benefits be demonstrated?

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In computer science, reflection is the ability of a computer program to examine and modify the structure and behavior of the program at runtime.

Wikipedia
Reflections on

• Self
• Work
• System

Questions for fishbowl

• What does reflection mean to me?
• How do I use reflection in my microsystem?
• How will I engage others in reflection in my microsystem?
Litterature

• Boud, Keogh & Walker: Reflection turning experience into learning
• Newman & Peile 2002: Valuing learners' experience and supporting further growth: educational models to help experienced adult learners in medicine, BMJ 325: 200-2
• Mezirow J: How critical reflection triggers transformative learning
• Marianne van Woerkom: Critical Reflection at Work – Bridging individual and organisational learning Twente University, 2003, 239 s. ISBN 90-9016556-8