Co produktion - our reality

Success factors: Individual concept

Dialysis treatment
Building a pavilion
Daily process
Learning together

- Structure
- Safety
- Flexibility
- Humor

Design
Working together
goals

Patient support
E health
CV
Home HD

Jonkoping Academy for Improvement of Health and Welfare
GMP
Manuals
Companies
Labouroffice
Qulturum

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effects

- network
- Having fun
- Self confidence

Patient examples

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How it started

structure/safety/flexibility/humor
The Self-Hemodialysis Staircase©

The staircase is not static. Changes can go both upwards and downwards depending on the patient’s condition and motivation. Training and information is provided along the entire staircase.

Visitor at the Self-Dialysis unit, receiving information about self-dialysis.

"Dresses" and primes the machine at start-up, with some supervision. Write protocol.

Manages the machine at start-up and conclusion with supervision. Gets help with inserting needles or handling the CDK. Cleans up.

Manages alarms.

Manages the machine independently. Inserts and withdraws needles/ manages CDK with some assistance. Cleans up.

Manages everything without supervision.

Out-patient clinic Emergency care Peritoneal dialysis Assisted HD

Building a pavilion

(ange enhet via Infoga sidfot)
What is the perfekt dialysis pavilion?

Pavilion
Co learning with patients - improving health care

- To come together is the beginning
- Remain together progress
- Working together is success
- Positive impact – medically, socially and emotionally

Co learning with patients

- What means the word for us?
- Why is it important?
- How do we create co – produktion?
Excellent design

Testing machines
Goals we want to achieve

- 75% in self care
- Patientsafety
- “Good housekeeping”
- Satisfied patients
A human being - not only a diagnosis

- Attitude – atmosphere
- Listened to
- Be taken seriously
- Feel safe - finding confidence

Partnership

- Team in a honest and changing dialogue
- Enable them to be an active partner in care
- Competent staff are crucial
- Goals – need to be mutually agreed and realistic
Daily process

Patientsupport

Improve support for patients with chronic disease
Learning café

Circulum Vite

- Name:
- Run their own dialysis treatment during:
- Knowledge acquired
- Cooperation/kommunication
- Development area
- Responsibility
- Participated in the following projects
- References:
Together with….

- Baxter: operation agreements. www.baxter.se
- Nordic MedCom: NxStage-HHD www.nordicmedcom.se
- Qulturum: education/development. www.lj.se/qulturum
- E-hålsa: Mina Vårdkontakter. Qulturum/Callista (callistaenterprise.se)
- Labour Office: CV/patient support
- Jonkoping Academy for Improvement of Health and Welfare. www.jonkopingacademy.se
- Renal Association, Småland www.njurforbundet.se
Effects
patientexamples
1999

Dialysis 3 times/week Monday, Wednesday and Friday
Specific times. At dialysis 7.30am, finished at around 13.00pm
You lay in your dialysisbed and are taken care of by a nurse
It is the nurse’s problem to make sure I feel good
Difficult to find time for his job

2011

Dialysis 5-6 times/week. 2-3 days dialysis than free and again dialysis for 2-3 days.
Decide which days and do dialysis when it suits me
Manage everything by myself
It becomes my problem to make sure I feel good
If I want to ”live life” at some point, it is me who must bear the consequences of this
Can work as usual( 50%)

Thank you

Have a nice day !