Principles

1. Accept and encourage messiness
2. Sharing of assets and ideas – solution focused
3. Energizing and fun
4. Leave with stronger relationships
5. All teach, all learn - everyone regardless of perspective (policy, delivery, etc)
The session

- Solution focused
- What can I do? (person)
- What can we do? (organisation, HIAE)
- How will others know?

Choluteca River 1938...1996 Honduras
Mitch - 1998
Shift health care payments to financing that rewards system-wide health improvement

Initiate multilevel standardized measurement of system performance on core health indices

Speed development of a universally accessible and interoperable digital health platform

Foster awareness and action on a community culture of continuous health improvement

The human heart is the first borne of democracy: it is where we embrace our emotions. Can we be equitable? Can we be generous? Can we listen with our whole beings, not just our minds, and offer our attention rather than our opinions? And do we have enough resolve in our hearts to act courageously, relentlessly, without giving up—ever—trusting our fellow citizens to join with us in our determined pursuit of a living democracy.

— TonyTempest Williams

**FIVE HABITS OF THE HEART**

1. An understanding that we are all in this together.
2. An appreciation of the value of "otherness."
3. An ability to hold tension in life-giving ways.
4. A sense of personal voice and agency.
5. A capacity to create community

from *Healing the Heart of Democracy*

"The 'civil discourse' we need will not come from watching our tongues. It will come from valuing our differences and the creative possibilities inherent in them."

— Parker J. Palmer
### Creating our ideal (v) mission

<table>
<thead>
<tr>
<th>1.35-1.50</th>
<th>What do we need to succeed?</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Identifying barriers &amp; enablers</td>
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<tr>
<td>2.20-2.35</td>
<td>What would success would look like?</td>
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<tr>
<td></td>
<td>Add in individual assets with names (priority 1)</td>
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<tr>
<td>2.45-3.00</td>
<td>Reflect, summarize and record any open questions for group 2</td>
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</tbody>
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